WORKSHEET: Promoting Self-Directed Learning

• What type(s) of motivation do you imagine your learners have for SDL when they are with you?
  ___ Need oriented [e.g., helps them take care of a patient]
  ___ Goal oriented [e.g., helps them reach a personal goal]
  ___ Learning oriented [e.g., curiosity, interest in learning something new]

• Select one or more of the teaching behaviors below and provide examples of how you might use them to foster motivation for SDL.
  Ask learners to identify goals, needs, interests:________________________
  ____________________________
  Ask learners how they want to address needs:________________________
  ____________________________
  Brainstorm with learners:________________________
  ____________________________
  Use controversy/doubt/curiosity:________________________
  ____________________________
  Model motivating SDL behaviors:________________________
  ____________________________
  Other:________________________
  ____________________________

• Provide examples of resources for SDL that are relevant to your learners.
  ____________________________
  ____________________________

• How might you model the use of these resources?
  ____________________________
  ____________________________