

WORKSHEET: Promoting Self-Directed Learning

- What type(s) of motivation do you imagine your learners have for SDL when they are with you?

___ Need oriented [e.g., helps them take care of a patient]

___ Goal oriented [e.g., helps them reach a personal goal]

___ Learning oriented [e.g., curiosity, interest in learning something new]

- Select **one or more** of the teaching behaviors below and provide examples of how you might use them to foster motivation for SDL.

Ask learners to identify goals, needs, interests: _____

Ask learners how they want to address needs: _____

Brainstorm with learners: _____

Use controversy/doubt/curiosity: _____

Model motivating SDL behaviors: _____

Other: _____

- Provide examples of resources for SDL that are relevant to your learners.

- How might you model the use of these resources?
