An Interprofessional Approach to Integrating Substance Use Screening, Brief Intervention, and Referral to Treatment into a Student Training Clinic

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MASON SBIRT
Screening · Brief Intervention · Referral to Treatment
SCREENING, BRIEF INTERVENTION, AND REFERRAL TO TREATMENT (SBIRT)
SBIRT: A Public Health Approach to Substance Use
THE CORE SBIRT PROCESSES

Universal Screening
- Quickly **identify** the severity of substance use & appropriate intervention level
- Two levels:
  - Universal/Triage
  - Secondary

Brief Intervention
- **Increase insight & awareness of** substance use; **motivate** toward behavioral change

Referral to Treatment: Brief & Specialty
- Embedded **brief treatment**
- **Refer** to specialty care when needed

Identification  Intervention  Referral
SBIRT is an Interprofessional Practice
INTEGRATION INTO AN INTERPROFESSIONAL PRACTICE SETTING
MASON AND PARTNERS CLINIC

• GMU and Community Partner Nurse-managed training clinics

• Free Bridge Care for Uninsured Patients

• Undergraduate and Graduate Training
  • Nursing  Psychology
  • Social Work  Health Admin & Policy

• Providers from Other Disciplines
  • Pharmacy, Nutrition
INTEGRATION INTO AN INTERPROFESSIONAL PRACTICE SETTING

Universal Prescreen at Check-In/ Triage

Universal Prescreen:
AUDIT-C
Drugs
Tobacco

Prescreen Scores Reviewed

Requires Full Screen?

No

Follow Up with appointment as usual

Yes

Full Screen is given

Risk Level

No/Low Risk

Screening Score

AUDIT DAST

0-7 0

Mild Risk

Screening Score

AUDIT DAST

8-15 1-2

Moderate Risk

Screening Score

AUDIT DAST

16-19 3-5

Severe Risk

Screening Score

AUDIT DAST

20-40 6-10

Review Screen Results
Determine Risk Level based on screening score.

Provide feedback on score and reinforce healthy decisions.

Brief Intervention

Brief Intervention +
Suggest referral for Brief Treatment

Brief Intervention +
Suggest referral for Speciality Treatment / Higher Level of Care

MASON SBIRT
INTERPROFESSIONAL APPROACH

• Pre-training in SBIRT and Interprofessional Education

• Shared Consultations & Treatment Plans

• On-site Consultant/Trainer
  • Case Simulation Practice
  • Interprofessional Dialogues

• Evaluation Results
THANK YOU!